



*Considered business
communication*

the Circle - how we work

I believe that business coaching should be available to all and I have tried to create an approach that enables this. When working with 'the circle' there is complete flexibility. The aim is for you to have as much benefit as possible from the process and at all times to feel that it is money well spent and not a budget burden. I like to be able to work with all types of businesses from innovative start-ups and family businesses to large scale corporate entities; all have the same key ingredient - people and their challenges. My fees reflect this flexibility and are based on the anticipated level of support.

Individuals - start-ups/ SMEs/ family businesses/ just you searching for answers:

1. A set-fee programme to include: chemistry session, six sessions and a follow-up eighth session three months after the final session. Chemistry session circa 1 hour and all other sessions circa 1.5/ 2 hours. All follow-up in between - emails/ estimate circa one or two telephone calls per month as needed/ reading references/ tasks to do. Skype can replace face to face meetings, if required, although face to face preferred.
2. Flexible monthly rolling fee: you can switch on and off or just keep rolling - for as long as you need support. The cost varies depending on the level of support required - from simply a monthly/ six weekly face-to-face or skype, to full support in between - telephone calls/ email support/ skype/ references/ to do actions etc...The level agreed will depend on the requirements of the client.
3. Intense programme: sometimes there is an urgency to a situation or a decision needing to be made. I can provide a chemistry session (which can be done via telephone or skype) and then two further sessions face-to-face or skype. This may continue into rolling monthly support but not necessarily - this short intense boost may help you on your way.

Teams and programmes within businesses:

1. For individuals within the business - all applies as above.
2. When there are a number of individuals to work with - we assess their specific needs and 'the circle' team is extended to work with 'the collective circle' of trusted partners - other business coaches with extensive collaborative experience. I also work with specialists in presentation skills and use my own expertise in marketing and brand communication and strategy.

Bespoke programmes can be developed for team coaching, individual coaching, specific skills development and any combination of this. These are costed on an individual basis and can be short and intensive to work to resolve an immediate issues or a longer programme of ongoing development support within your business.

All ways of working together really focus on the individual in the context of their business but with an all encompassing approach to their broader life as this is so important to how we all operate at work. The team at 'the circle' is interested in people and how they think, act and interact. Our aim is to improve their lives through intuitive, individual and very personalised coaching. We are not trainers - we are communicators and we encourage the development of better communication in individuals.

Thank you for deciding to work with 'the Circle' - we look forward to enabling you to make the right next steps with your life and career

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Questioning • Listening • Thinking • Enabling